



LPSCU Life

Security, Peace of Mind

Morning Star

ZORNIČKA

Vol. 82, No. 889
March-April 2023

Introducing New LPSCU Trustee Janice Mathews



*The LPSCU
extends a warm
welcome to
Janice Mathews
as our newest
Trustee and
wishes her much
success in her
position!*

Please welcome Janice (Jan) Mathews, a life-long member of Munhall, Pennsylvania, Branch 65, as the newest Trustee on the Ladies Pennsylvania Slovak Catholic Union Board of Directors. Jan became an LPSCU member as an infant and took on the role of Vice President of Branch 65, when she was just eighteen. She currently serves as Secretary-Treasurer of the Branch. She is also Second Vice President of the Pittsburgh District, a position she has held for many years.

Jan was elected to and served on the LPSCU's Court of Appeals for two terms. She has attended and participated in seven LPSCU National Conventions. Over the years, she has served on several committees including Nominating, By-Laws, and Salaries.

Displaying Jan's strong commitment to the LPSCU, in addition to being a member, her husband Dave, their two children, Douglas and Beverly, and three grandchildren, Josephine, Georgia, and Mason, are also all members of Branch 65.

Jan and Dave reside in North Huntingdon, Pennsylvania. In her free time, she enjoys spending time with her grandchildren, helping in the office of her husband's auto repair business, and playing with their new puppy, Riley.

Jan is filling the Trustee position previously held by James Yocum. (Jim was recently elected to fill the vacant position of Chairperson of the Trustees.) Jan is excited about being appointed as a Trustee and looks forward to working with everyone and promoting the Ladies Pennsylvania Slovak Catholic Union.

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Calendar of Events

At the time Morning Star went to press, the events listed on this calendar and in this issue were correct to the best of our knowledge. We recommend that members check the LPSCU's website (www.LPSCU.org) or Facebook page (LPSCU Life) or contact their Branch representative closer to each event in case any changes or cancellations had to be made.

❖ 2023 ❖

1/1-12/31 – The LPSCU will be celebrating its 125th Anniversary Year throughout 2023. See the announcement on page 7.

MARCH

- 15** – Spring meeting of the Msgr. Beeda District at 5:00 p.m. at Tom's Kitchen, Route 93, Sugarloaf, Pennsylvania. Contact Anita Gregory (570-788-3263) by March 10 if you plan to attend.
- 20** – **Deadline to submit articles for May/June 2023 Morning Star.**
- 22-23** – LPSCU Internal Audit
- 24** – LPSCU Annual Board Meeting beginning at 8:30 a.m. at the LPSCU Home Office, 71 South Washington Street, Wilkes-Barre, Pennsylvania, and via Zoom. See notice on page 4.
- 31** – Deadline to apply to be a member of the LPSCU's Compensation Committee. See page 4 for details.
- 31** – Deadline to apply to be a member of the LPSCU's Constitution Committee. See page 19 for details.

APRIL

- 1** – Deadline to nominate a member as the LPSCU's Fraternalist of the Year. See page 18 for details.
- 10** – Deadline to register to participate in the Joint Fraternalists National Bowling Tournament.
- 16** – Msgr. Beeda District's celebration of the LPSCU's 125th Anniversary with an 8:00 a.m. Mass at SS. Cyril and Methodius Parish at the Church of St. Joseph, 604 North Laurel Street, Hazleton, Pennsylvania. Breakfast buffet to follow at Rocco's Restaurant, 245 Muir Avenue, Hazleton. Reservations are required by April 4. See page 7 for more information.
- 16** – 80th Anniversary celebration of the Rev. Dianiska District at the North End Slovak Club, 635 North Main Street, Wilkes-Barre, Pennsylvania. See page 7 for more details.

continued on page 15

LADIES PENNSYLVANIA
SLOVAK CATHOLIC UNION

Morning Star

ZORNIČKA

(USPS 699-520)



ZORNIČKA (Morning Star), a bi-monthly magazine, is the official publication of the Ladies Pennsylvania Slovak Catholic Union, National Headquarters, 71 South Washington Street, Wilkes-Barre, PA 18701.

Send articles for publication to Deborah McKinley, Public Relations Director, 34 Oxford Street, Tamaqua, PA 18252; 610/704-7288; zornicka@lpescu.org

Articles must be received by the 20th of the month, 5½ weeks prior to the issue date.

Printed by Triangle Press, 6720 Allentown Blvd., Harrisburg, PA 17112.

Periodical Postage paid at Wilkes-Barre, PA 18701 and additional entries.

Subscription Rate: Members — free; Non-members — \$25.00 per year.

Postmaster: Send address changes only to: Zornicka (Morning Star), Ladies Pennsylvania Slovak Catholic Union, 71 South Washington Street, Wilkes-Barre, PA 18701.

OFFICE HOURS

AT NATIONAL HEADQUARTERS

Monday through Friday:

November 1 — April 30

7:00 a.m. to 4:30 p.m.

May 1 — October 31

7:00 a.m. to 3:30 p.m.

Phone: 570/823-3513

Toll Free 888/834-6614

Fax: 570/823-4464

E-mail: lpescu@lpescu.org

Website: www.lpescu.org

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A Message from Our Spiritual Advisor

EASTER TRADITIONS

One of my treasured memories of my dear maternal grandmother was her love of baking and preparing the special foods for the family gathering on Easter Sunday, especially the baking of the Paska, the Easter bread that represents the Lord Jesus, the Bread of Life. My grandmother's house was filled with the fragrance of delicious baked bread and so many other amazing Slovak pastries.

The making of the Easter cheese (Sirecz or Hrudka) was another Easter tradition. The Easter cheese is similar to a sweet custard. I remember the mixture of scrambled eggs being placed in cheesecloth and tied over the kitchen faucet to catch any of the whey drippings. It would remain there for a couple of hours before being refrigerated. It would be sliced and served at the Easter meal along with the traditional ham, kielbasa, and beets with horseradish.

All of these traditional foods carry rich and symbolic meanings for us. For example, butter in the shape of a lamb reminds us of the goodness of the Lord that we should have for all things. Beets with horseradish serve to remind us of the bitterness of the Passion of Christ. Eggs symbolize the new life and Jesus' resurrection. Ham reminds us of joy and abundance. And the sweet pastries remind us of the promise of eternal life or good things to come.

As you gather with your family and friends for the Easter celebration and traditional festive meal, my prayer for you is that you will know the joy, the hope, and the life promised in Jesus our Risen Lord.

Easter Prayer of Blessing

(Taken from the Book of Blessings)

*God of glory, the eyes of all turn to you
as we celebrate Christ's victory over sin and death.*

Bless us and this food of our first Easter meal.

*May we who gather at the Lord's table
continue to celebrate the joy of His resurrection
and be admitted finally to His heavenly banquet.*

Grant this through Christ our Lord.

Amen



*Easter blessings,
Father Bob*

*Christ
is risen!
Alleluia!*

*The National Officers
of the
Ladies Pennsylvania
Slovak Catholic Union
extend a most
Blessed and
Happy Easter to all!*



*Veseli Vel'ku noc
Radostne Aleluja*

*Sventu Velyku
Linkejimai*

LPSCU Board of Directors Annual Meeting

This announcement is made to all members of the LPSCU that the Annual Meeting of the Board of Directors will convene on Friday, March 24, 2023, at 8:30 a.m. at the LPSCU Home Office, 71 South Washington Street, Wilkes-Barre, Pennsylvania.

Rev. Dianiska District Makes a Difference

Members of the Rev. Dianiska District celebrated Make a Difference Day at their fall meeting this past October. In addition to making a donation to the American Red Cross, District members also brought gift cards to be given to Margaret Jollimore. Margaret and her family lost their home and possessions to a fire in March of 2022. Margaret is pictured with members of the District holding the basket of gift cards members generously donated to help her family recover from their loss.



LPSCU to Form Compensation Committee

At the September 2022 Board of Directors Meeting, it was approved to establish a Compensation Committee. The Compensation Committee's responsibilities will be to analyze the Society, see how it compares to other fraternal organizations in structure, and recommend any necessary changes to the Delegates of the next Quadrennial Convention scheduled for June 2024.

Any LPSCU member interested in serving on the Compensation Committee is asked to submit a letter of interest. The letter should list your employment, LPSCU biography, and a statement of why you want to serve on the Compensation Committee. Immediate family members of National Officers and/or Board of Directors cannot serve on the committee.

All Letters of Interest must be addressed to the President and received at the Home Office by **March 31, 2023**. All questions regarding the Compensation Committee should be sent to theresa@lpscu.org.

NOTICE OF VACANCY National Secretary-Treasurer

After 18 years of service, Mary Jo Savidge has decided to retire as of June 30, 2023. We thank her for her dedicated service and wish her the best in her retirement.

Because of her impending retirement, we are seeking applicants for the position of National Secretary-Treasurer. The Secretary-Treasurer is a hired position and is a member of the National Board of Directors and Executive Finance Committee.

The following additional restrictions are pursuant to Article III Sections 2, 3 and 4 of the By-Laws:

- A candidate for office must be at least 21 years of age and an active member.
- No two immediate family members can serve as an officer of the LPSCU during the same term of office. Immediate family is defined as: grandparent, parent, spouse, or sibling.
- A member who is a National Officer/Director/Board Member of another fraternal benefit society may not hold office with the LPSCU.

Responsibilities and requirements for the position of Secretary-Treasurer:

- Member of the Board of Directors, meeting at least four (4) times a year. Attendance is required.
- Member of the Executive Finance Committee, meeting at least four (4) times a year. Attendance is required.
- Responsible for employees and general office manager duties, including but not limited to running the overall operations of the building.
- Represent the LPSCU at functions as requested (e.g., seminars, fraternal functions, meetings, etc.)
- Be familiar with and able to use Microsoft Windows (Word, Excel, Power Point) and be generally computer literate.
- Knowledge of the fraternal system, history and traditions of the LPSCU is helpful, but not necessary.
- College degree in accounting, finance, or business is required, with proven business or work experience.

Salary to be determined based on experience.

Send resume to:

LPSCU National Board of Directors
c/o Theresa Kluchinski, President
P.O. Box 32
Wilkes-Barre, PA 18703-0032



2023 YOUTH ACHIEVEMENT AWARD

LET AN OUTSTANDING YOUNG PERSON KNOW

YOU ARE APPRECIATED!

We all know someone between the ages of 13 and 18 who deserves recognition for his or her scholastic, athletic, fraternal, volunteer, and/or other achievements.

Help the LPSCU show an outstanding young member that they are appreciated by nominating him or her for the **2023 Youth Achievement Award**.

To receive a Nomination Form, contact the Home Office at 570-823-3513 or toll free at 888-834-6614; E-mail: lpscu@lpscu.org or visit our website: www.lpscu.org

**THE POSTMARK DEADLINE
FOR NOMINATIONS IS JUNE 1, 2023.**

Msgr. Beeda District to Meet in March

The Msgr. Beeda District will hold its first meeting of 2023 on Wednesday, March 15, at 5:00 p.m. at Tom's Kitchen, Route 93, Sugarloaf, Pennsylvania. At this meeting plans for fundraising and activities for the entire year will be discussed. Any LPSCU member planning to attend is asked to contact District President Anita Gregory at 570-788-3263 by March 10 to make a reservation. Hope to see you there!

Branch 213 Concludes Matching Fund Project

At the end of last year, LPSCU Branch 213 held a Matching Fund Project to benefit St. Andrew Parish in Wilkes-Barre, Pennsylvania. The Branch conducted a wreath sale over the weekend of December 5-6. Total proceeds, including matching funds collected, totaled \$525.

LPSCU National President and Secretary-Treasurer of Branch 213 Theresa Kluchinski is pictured below presenting the donation check to Deacon William F. Behm, parish life coordinator at St. Andrew Parish.



Welcoming a Newborn Into Your Family?

If at least one parent is an LPSCU member in good standing, an infant (10 days to 6 months of age) can receive a benefit of \$2,000 life insurance. There is no cost to the family. The benefit will begin once the Home Office receives notification of the birth and expires when the infant reaches six months of age.

Rev. Dianiska District Honors Award Recipients

The Reverend Dianiska District honored two award recipients at its annual Christmas party that was held at East Mountain Inn, Wilkes-Barre, Pennsylvania, on December 4, 2022.

Anna Napkora received the Anne (Shinal) Cichy Memorial Award. Anna is attending Misericordia University in Dallas, Pennsylvania, majoring in physical therapy. Present with Anna were her parents, Shawn and Varvara, and brother, Niko.

Laney Schulz received the Lynda (Posivak) Molenhoff Memorial Award. Laney is attending The Catholic University of America in Washington, D.C., majoring in biomedical engineering. In attendance were her mother, Kim Schulz, and her grandparents, Arline and Michael Mallis.

Each recipient was presented with a monetary gift from the District. Both recipients are members Branch 6, Wilkes-Barre.



District President Mary Ann Ewasko (left) and Branch 7 Secretary Margaret Jollimore (second from left) with the award recipients and their families.

WIN PRIZES!!

BINGO

THURSDAY, MAY 4, 2023
5 - 6:30 PM
PLAY ON ZOOM OR CALL INTO ZOOM
 Simply call in from your telephone, or use your computer, to hear the numbers being called.

6 cards/game
 Cards and zoom information will be mailed out
 All LPSCU Members are eligible to play!

RSVP: SUSAN@LPSCU.ORG OR 412-953-5373
BY APRIL 21, 2023

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Letters

Ms. Savidge and Ms. Kluchinski:

I apologize for my late response... the schedule at USAFA is very rigorous and I often find myself pressed for time. I wanted to express my deepest thanks for your help in awarding me an LPSCU scholarship for my academics. This will greatly help me advance into my future endeavors, and I am deeply grateful. I would ask that you keep myself and all the members of our nation's military in your prayers for our service to the nation.

Thanks again.

Christopher Adam
 Branch 60
 West Hazleton, PA

LPSCU BRANCH 213 IS HOSTING

FLAG DAY AT THE BALLPARK

**Friday,
 June 9,
 2023**

**Scranton/
 Wilkes-Barre
 RailRiders
 Game Time ~
 6:35 p.m.**



PRICE:

No cost for members of LPSCU Branch 213!
 Other LPSCU members ~ \$20.00 per person
 Non-members of LPSCU ~ \$35.00 per person

INCLUDES:

Entry through the Mohegan Sun Club entrance.
 Dinner on covered deck/suite in right field.
 Food served from 6 p.m. to 7:30 p.m.
 Watch as one member throws out the first pitch.
 All the camaraderie you can get!

Please make reservations by May 1, 2023
Ask for Theresa ~ 570-829-5410
or 570-817-4657

Make checks payable to LPSCU Branch 213

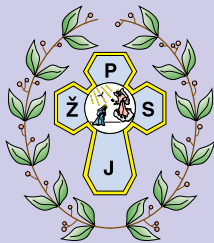
Seating is limited! Sign up today!

Msgr. Beeda District Invites All Members

All LPSCU members are invited to join us and be our guests as the Msgr. Beeda District celebrates the LPSCU's 125th Anniversary. An Anniversary Mass will be held at Sts. Cyril and Methodius Parish at the Church of St. Joseph at 8:00 a.m. on April 16, 2023, for all who wish to attend. The church is located at 604 North Laurel Street, Hazleton, Pennsylvania. Immediately following the Mass, a breakfast buffet will be served at Rocco's Restaurant, 245 Muir Avenue, Hazleton.

Reservations for this event are required. Please contact District President Anita Gregory at 570-788-3263 by April 4, 2023, if you plan to attend. We hope to see everyone there to celebrate this wonderful milestone.

125th Anniversary 1898-2023



LPSCU WILL BE 125 YEARS OLD!

The Board of Directors has authorized a reimbursement of \$15.00 per member if any LPSCU Branch/District commemorates this milestone with a specific 125th Anniversary Celebration held any time from January 1st to December 31st in 2023!

There are some rules:

- You must publish the celebration in the *Morning Star (Zornicka)* prior to the event, inviting participation of all members, and
- After the event, you must publish an article and group photo of the celebration, with a copy being sent to the Home Office.
- A list of attendees must accompany the article that is sent to the Home Office.
- The type of event is at the Branch's/District's discretion.
- For any member that attends, whether or not they are in your Branch/District, you will be reimbursed \$15.
- Giveaways will be provided by the Home Office, if requested.

If you have any questions, do not hesitate to contact the Home Office.

Rev. Dianiska District to Celebrate 80th Anniversary

The Rev. Dianiska District, Wilkes-Barre, Pennsylvania, will be 80 years old in 2023! The District was founded in 1943 by Gabrielle Vavrek, the National President of the LPSCU from 1931-1956. Mrs. Vavrek was a member of Saint Stephen's Roman Catholic Church in Plymouth, Pennsylvania, and named the District after her pastor, Rev. Dr. Alexander Dianiska.

Born in Austria-Hungary on March 21, 1867, Rev. Dr. Dianiska immigrated to the United States in 1903. He was a very prominent Slovak priest who aided men and women financially to achieve an education. Along with others, Rev. Dr. Dianiska was instrumental in establishing the congregation of the Sisters of Saints Cyril and Methodius in Danville, Pennsylvania.

The Rev. Dianiska District of the LPSCU is very proud of its Slovak heritage and grateful for the efforts of Mrs. Vavrek and Rev. Dr. Dianiska in forming our District. Membership is open to anyone.

The 80th Anniversary will be celebrated at the District's spring meeting on April 16, 2023. The meeting will be held at the North End Slovak Club, 635 North Main Street, Wilkes-Barre. A light luncheon will be served after the business meeting. Branch 213 will be hosting this event.

Cooking Corner

CHICKEN POT PIE

1 medium onion*	2 cups cooked,
2-3 whole carrots*	shredded chicken breasts
1-2 stalks celery*	6 Tbsp. butter
1-2 cups green beans*	1 cup chicken broth
Mushrooms, to your liking*	1 cup frozen peas
Garlic, to your liking	Salt & pepper to taste
Pillsbury refrigerated pie crust	Pillsbury Biscuits
1/3 cup flour	

*Vegetables can be either diced or sliced, depending on whether you want a thinner or chunkier consistency.

Melt the butter in a medium size pot. Add onion, carrots, celery, and green beans until cooked. Add mushrooms and garlic; cook until mushrooms turn translucent. Add flour and continue stirring; do not let mixture sit. Add chicken broth and bring to a boil. Continue to heat until mixture becomes thick and gravy-like. Add chicken and peas. Simmer for 10 to 15 minutes.

Roll out pie crust. Place in a pie plate. Fill pie crust with filling mixture from above and bake at 350 degrees for 30 minutes. Cut each biscuit into 3 or 4 pieces and place on top of pie. Return to oven and bake for another 8 to 10 minutes, until biscuits are golden brown.



BRANCH 52, NORTH BRADDOCK, PENNSYLVANIA

Branch 52 of the Pittsburgh District hosted its annual Christmas luncheon on Sunday, December 4, 2022, at Jaden's Catering in Monroeville, Pennsylvania. There were twenty-six people in attendance, including twenty-three LPSCU members and three guests.

The event began by asking for God's blessing on the food, attendees, servers, and all those who prepared the meal. After the delicious luncheon, a few games of Christmas bingo were played. Winners received \$5 gift cards for local establishments and non-winners were given a small condolence gift. Junior members received a \$10 monetary gift.

Those attending brought non-perishable items which were later donated to the local Salvation Army. Everyone had a great time socializing, as the following photos depict.



REVEREND DIANISKA DISTRICT

The Reverend Dianiska District held its annual Christmas party on Sunday, December 4, 2022, at the East Mountain Inn, Wilkes-Barre, Pennsylvania. Branch 7, Exeter, Pennsylvania, served as the host for the event.

District President Mary Ann Ewasko welcomed everyone with good wishes. National President Theresa Kluchinski wished everyone a Merry Christmas on behalf of the LPSCU.

Mary Ann next introduced the officers of Branch 7. Branch President Judy Brzostek read a beautiful Christmas prayer and Branch Secretary Margaret Jollimore recited the *oplatky* prayer and asked everyone to offer Christmas greetings at their table. A delicious buffet meal was enjoyed by all.

The Rev. Dianiska District cash raffle was held with District member Catherine "Kay" Haddock drawing the winning tickets. Non-perishable food items brought by attendees were donated to the Commission on Economic Opportunity in Tunkhannock, Pennsylvania.

Everyone was surprised when Santa arrived with a gift for each child in attendance. Everyone received a Christmas gift bag with a candy cane and chocolate. Margaret Jollimore also gave everyone a little Christmas stocking with a candy cane as a thank you for all their support. The children were each given an angel ornament.

A special raffle was held, with proceeds of \$500 going to Margaret Jollimore's family. Margaret lost her home in a devastating fire in March 2022. Raffle gifts were handed out with the help of the young people present and Santa's "elf" (LPSCU Public Relations Director Debby McKinley).

It was a beautiful celebration to begin the holiday season, and everyone left with a smile on their face.



Children in attendance at the Christmas party are Margaret E. Jollimore, Analeise Myers, Adam Landmesser, Emily Landmesser, Bella Fiedorczyk, and Gavin Jollimore.

Pictured with Santa are, from left, LPSCU Public Relations Director Debby McKinley, District Vice President Margaret Jollimore, LPSCU National President Theresa Kluchinski, and District President Mary Ann Ewasko (on Santa's knee).



PITTSBURGH DISTRICT

On December 3, 2022, which happened to be a beautiful, sunny day, members of the Pittsburgh District held their annual Christmas Party. The venue was Bravo! Italian Kitchen on the Waterfront, Homestead, Pennsylvania. Thirty-one members and several guests gathered to celebrate the holiday season.

District President Susan Ondrejco welcomed everyone and led those present in grace before a family-style lunch was served. The menu included salads, spaghetti and meatballs, shrimp scampi, and chicken marsala. For those who wished to indulge their sweet tooth, vanilla gelato with chocolate syrup was served for dessert.



After the meal, a right-left game was played. Susan read a Christmas story and every time the words “right” or “left” were spoken, the presents had to be passed around the table accordingly. When the story concluded, participants received the gift that was in front of them. This was a lot of fun and lots of laughter could be heard throughout the party room.

Each Branch donated a basket or gift for the Chinese auction so there were lots of winners and everyone received a favor of a beautiful Christmas ornament and a candy cane. It was a wonderful afternoon of fraternalization and friendship to start the Christmas season.



Exploring Our Easter Traditions

Did you ever wonder why we traditionally eat ham on Easter? I didn't know the answer myself until I started delving into the "why" we do what we do at Easter. Turns out that pigs were usually slaughtered in the fall and the meat cured over the winter months, making it table-ready right when spring and Easter rolled around, explaining why ham is usually found on most Easter dinner tables.

And what's up with all of the eggs promoted everywhere? We dye and decorate eggs and then we peel them and have an abundance of hard-boiled eggs! I remember my mom making potato salad every year around Easter and using many of the hard boiled eggs as pretty garnishes on top. Eggs have a history of symbolizing rebirth and rejuvenation. When we think of the resurrection of Jesus, it makes perfect sense why eggs are an integral part of any Easter menu.

What about pysanky eggs? I vividly remember my fifth grade teacher giving us the option to eat lunch in the cafeteria or stay behind and eat in his classroom while we learned the art of pysanky egg decorating. I opted to forego the cafeteria and stay in the classroom. I don't remember how many eggs we did over a several month time frame, but I still have most of them, as amateurishly done as they were at the time! As an adult, I've dabbled in the art of pysanky here and there over the years. My hand decorated eggs are definitely not museum worthy, but they still hold special memories for me just the same. Each year I proudly pull them out of their carefully stored location and put them on display. And even though it's been years since I've done any new eggs, I can still tell you the story behind each one.

Then there are all of the different variations of chocolate dipped candy eggs. Peanut butter eggs, coconut cream eggs, butter cream eggs, milk chocolate, dark chocolate, rolled in crushed peanuts. So many choices! That's another memory I have – making homemade chocolate peanut butter eggs with my sister. I can still see us experiencing our own version of the "I Love Lucy" chocolate candy making episode. It brought tears



of laughter to me decades ago and does to this day as well. We have Cadbury Brothers to thank for coming up with the idea of dipping candy into melted chocolate.

Who doesn't like paska bread? When I was growing up, Easter was the only time of year we made bread and I remember my sister and I making paska bread. The best part for me was when we got to punch the bread and then wait for it to rise again. Finding a good recipe or bakery that makes tasty paska bread is a bit of trial and error. You want the bread to be sweet, but not too sweet. Personally, I like mine with raisins too!

And what about specialty foods during Lent? Many of the fire companies around where I live have special food sales on Fridays during Lent. There are plenty of locations to find homemade haluski, pierogies, and stove rags (lokshe). I hadn't heard of stove rags until recently, but they have quickly become a favorite of mine. For those of you who aren't familiar, stove rags are basically mashed potatoes and flour mixed together and rolled very, very thin and then browned on each side. They can be eaten cold, warm, with butter, or with fruit. If you Google "stove rags" several recipes will pop up. They got their name because initially when people made them, they would "brown" them on top of the coal stove they used to heat their home. And since they were rolled so thin, they looked like rags – hence the name.

Bottom line, it doesn't matter what your Easter traditions are, because they are unique to you and your family. Where you live and who you live with may change over time, but those traditions and memories will stay with you for a lifetime.

Deborah A. McKinley
LPSCU Public Relations Director

Member Recognized on Milestone Birthday

Kay Haddock, a member of Branch 7, Exeter, Pennsylvania, celebrated her 100th birthday last fall. Members of the Rev. Dianiska District, to which Kay also belongs, surprised her with a beautiful birthday cake at their October 2022 meeting.



Rev. Dianiska District Holds Special Raffle

At their annual Christmas party on Sunday, December 4, 2022, members of the Rev. Dianiska District and their guests donated \$500 from a special raffle to the family of Margaret Jollimore. Margaret and her family lost their home and all belongings in a house fire on March 22, 2022.



L-R: District President Mary Ann Ewasko, Margaret Jollimore, and Regina Kapral.

Awards Available to LPSCU Members

- ❖ Catholic Grade School Award
- ❖ Catholic High School Award
- ❖ College Award
- ❖ Post Graduate Award
- ❖ Bishop Andrew G. Grutka Memorial Scholarship Award
- ❖ Anne (Shinal) Cichy Memorial Award
- ❖ Linda (Posivak) Mohlenhoff Memorial Award
- ❖ Margaret Sabol Scholarship Award
- ❖ Three Religious Awards
- ❖ Fraternalist of the Year Award
- ❖ Golden Age Award

For more information, criteria, and deadlines regarding any of the above awards, please visit our website: www.lpsc.org.

EDITORIAL NOTICE

The editor reserves the right to edit submissions to *Morning Star* in order to correct grammatical or spelling errors, delete repetitions, clarify ideas, or reduce the amount of copy and/or photos to fit available space.

LPSCU EDUCATIONAL BENEFIT

2023 COLLEGE AWARD



\$500 One-Time Award

The LPSCU is offering a \$500, one-time College Award to our members who will be attending college during the 2023-2024 academic year. A total of up to 25 College Awards will be granted.

These are the guidelines for those applying for this award:

- Applicants must be a member of the LPSCU for two (2) years with at least a \$2,000 permanent reserve life insurance plan (excludes term insurance).
- Applicants must be a high school senior or college freshman, sophomore, or junior.
- High school seniors must provide a letter of recommendation from a school representative (ex: teacher, guidance counselor, or principal).
- High school applicants must submit an official transcript from their school that includes test scores; College students must submit documentation indicating latest overall GPA.
- Applicants must provide a detailed list of extracurricular activities, honors, and awards.
- Applicants must provide a detailed list of church, community, volunteer, and work activities including honors and awards, with reference(s) included.
- Applicants must be attending an accredited college/university on a full time basis for the 2023-2024 academic year and must submit proof of acceptance for the Fall 2023 semester.
- Applicants must submit a brief essay (no more than 200 words) on the topic "Why is life insurance important?"
- Applicants must provide a wallet-size color photo.

In order for an applicant to be eligible, all criteria outlined above must be met and all requested data provided. Applications with incomplete data or missing requirements will not be considered. All submitted materials become the property of the LPSCU and will not be returned. The LPSCU reserves the right to publish the applicant's entire essay or excerpts thereof, at its own discretion, in its official publication, *Morning Star*.

Applications are available from the LPSCU Home Office or its website. **Applications must be postmarked by April 30, 2023.** Submit applications to:

Ladies Pennsylvania Slovak Catholic Union

College Award

P.O. Box 32

Wilkes-Barre, PA 18703

Phone: 570-823-3513 • Toll free: 888-834-6614 • Fax: 570-823-4464

E-mail: lpsc@lpsc.org • Website: www.lpsc.org

SS.C.M. Appeal Update

A RECAP OF 2022 GIVING AND KICKOFF FOR 2023

Thank you to everyone who supported last year's Saints Cyril and Methodius Appeal. It is a great pleasure to announce that 221 donors gave \$31,918.87 last year. Here is a breakdown of donors and the amount given:

Parish Collections (6)\$6,438.87
Slovak Fraternal Organizations* (70)\$10,271.00
*Includes Home Office donations
Clergy and Religious of Slovak Heritage (32)\$4,550.00
Donations by Individuals (113)\$10,659.00

A direct mailing for the 2023 Appeal has been sent to local District and Branch leaders from the four Catholic Slovak fraternal organizations, members of the Slovak Catholic Federation, and previous donors. Your support is needed each year because money collected in the Appeal goes to help pay for the operating expenses of the Pontifical College of Saints Cyril and Methodius in Rome, the residence of priests from Slovakia selected by their bishops to undertake graduate studies.

If you wish to contribute to the 2023 Appeal but did not receive a letter asking for a donation, please fill out the information in the box at the bottom of this article and mail it, along with your check payable to the Slovak Catholic Federation, to the address provided. Donations in any amount are deeply appreciated and are acknowledged. The 45th Annual Appeal runs from December 1, 2022, to November 30, 2023. **Gifts received after November 30, 2023, will be credited toward the 2024 Appeal.** Thank you again for your goodness and generosity.

The Slovak Catholic Federation was founded in 1911 by Rev. Joseph Murgas, founding pastor of Sacred Heart of Jesus Slovak Church, Wilkes-Barre, Pennsylvania. The Federation brings together under one banner both individuals of Slovak heritage as well as Catholic Slovak fraternal organizations for cultural, religious, and educational needs. Serving as Moderator is the Right Reverend Gary Hoover, O.S.B., abbot of St. Andrew Svorad Abbey, Cleveland, Ohio. National President is Reverend Andrew S. Hvozdovic, V.F., supreme chaplain of the Slovak Catholic Sokol and pastor of Our Lady of Victory Parish, Harvey's Lake, Pennsylvania and Gate of Heaven Parish, Dallas, Pennsylvania. Reverend Thomas A. Nasta, national chaplain of the First Catholic Slovak Union and parochial vicar with senior priest status at Our Lady of Grace Parish, Pennndel, Pennsylvania, serves as First Vice President of the Federation and is the Appeal Coordinator.

45th Annual SS.C.M. Appeal

Name _____

Address _____

City _____ State _____ Zip _____

Amount \$ _____

Please make check payable to

Slovak Catholic Federation and mail to:

Rev. Thomas A. Nasta
First Vice President, Slovak Catholic Federation
Our Lady of Grace Church
225 Bellevue Avenue, Pennndel, PA 19047-4052

AN LPSCU EDUCATIONAL BENEFIT



2023 Anne (Shinal) Cichy Memorial Award \$750 Award

The LPSCU is proud to offer the Anne (Shinal) Cichy Memorial Award for students in the healthcare field. This award, instituted in 2006, is given in memory of Anne (Shinal) Cichy, the first LPSCU public relations director. The award is made possible through the generosity of Mr. and Mrs. Francis A. Shinal.

Those applying for the Anne (Shinal) Cichy Memorial Award must meet the following criteria:

- ◆ Must have a life insurance certificate with the LPSCU.
- ◆ Must attend an accredited college/university in the **fall of 2023** on a full time basis, pursuing a degree in the healthcare field. Proof of acceptance/attendance must be provided.
- ◆ Must provide a wallet-size color photo.

The recipient of the 2023 Anne (Shinal) Cichy Memorial Award will receive \$750.

The recipient of this award shall be selected by a random drawing from among all the qualified applicants. No individual shall be eligible to receive this award more than two times.

Applicants must meet all criteria outlined above and provide data indicated on the application form to be eligible. Those applications with incomplete data or requirements will not be considered. All submitted materials become the property of the LPSCU and will not be returned.

Applications are available from the LPSCU Home Office or its website. **Applications must be postmarked by July 1, 2023.** Submit application to:

Ladies Pennsylvania Slovak Catholic Union
ATTN: Anne (Shinal) Cichy Award

P.O. Box 32

Wilkes-Barre, PA 18703

Phone: 570-823-3513 ◆ TF: 888-834-6614

Fax: 570-823-4464

E-mail: lpscu@lpscu.org ◆ Website: www.lpscu.org

CAN YOU HELP US LOCATE THESE MEMBERS?

We are looking for the following members. Their last known place of residence is listed below.

Amreihn, Kenneth – Essexville, MI
Baluh, Bethany – Mt. Pleasant, PA
Beeda, Michaela – Port St. Lucie, FL
Blair, Stacy – Hickory, NC
Bridzius, Andrius R. – El Paso, TX or San Antonio, TX
Brinker, Regina – Livermore, CA
Burrier, Ryan – Scranton, PA
Campbell, Scott – Pittsburgh, PA
Cavanagh, Agnes – Campos, IL
Cavenas, Keri L. – Mahanoy City, PA
Chapman, Nicholas – North Bend, WA
Chvostal, John – Long Beach, CA
Chvostal, Paul – Cypress, CA
Colello, Nicholas – Georgetown, KY
Coles, Michael – E. Pittsburgh, PA
Davies, Bernadette – South Abington Twp., PA
or Chaumont, NY
Fink, Carly – Reading, PA
Fink, Thomas – Coopersburg, PA
Golby, Raeleen – Johnstown, PA
Gunther, Amanda – Chicago, IL
Hodge, Michael – N. Catasauqua, PA
Hoobler, Mary – Sewickley, PA
Horman, Susan M. – Chandler, AZ
Jones, Jeffrey – Youngstown, OH or Struthers, OH
Kinsey, Ann Marie – Taylor, PA
Kniess, Denise M. – Butler, PA
Kohut, Joseph – Charleston, SC
Lichkus, Jonathan – Somerville, MA
Lowrie, Deborah – Dalton, PA
Maloof, Nicholas J. – Hoover, AL
McBeth, Ryan – Hellertown, PA
McKenzie, Gary – Hazleton, PA
McMahon, Arianna – Duryea, PA or Avoca, PA
McTague, Robert – Scranton, PA
Matuza, William R – Hazlet Twp., NJ
or West Keansburg, NJ
Mikulaj, Angela – Lake Station, IN
Mikulaj, Brian M. – Lafayette, IN
Miller, Richard – Luta, FL

Mitrakos, Deborah – Naperville, IL or Aurora, IL
Moskal, Justin – St. Charles, IL
Murzyn, Stanley – Flint Hill, VA or Front Royal, VA
Parisi, Allison – Seminole, FL
Philippou, Zoe – Honolulu, HI
Popovich, Janet – Donora, PA or Monessen, PA
Rodick, Amanda – Mahanoy City, PA
Ruthrauff, Daniel – Bethlehem, PA
Sharrow, Roxanne – Youngstown, OH
Shook, Alexandra – Hoboken, NJ
Smith, GeriLynn – Chaumont, NY
Stinavage, Judy – Binghamton, NY
Stumpf, Kelly – Blandon, PA
Suchy, Mary – Chicago, IL
Susoreny, James – Richardson, TX
Tomanio, Terri – Port Charlotte, FL
Vizza, Daniel – Chicago, IL
Votral, Gregory – Springfield, MA
Vrabel, Susan – Orlando, FL
Wasko, Matthew – Binghamton, NY
Wateski, Jessica – Exeter, PA
Watson, Michael – Hubbard, OH
Weinreich, Sarah – Shenandoah, PA
Weldner, Robert – Orefield, PA
Wenta, Silvia – Mountain Home, AR
or Western Spring, IL
Whitaker, Kimberly – Emmaus, PA
Wisniewski, Edward – Waymart, PA or Rockaway, NJ



If you have any information regarding any of these members or their relatives, please contact Secretary-Treasurer Mary Jo Savidge as soon as possible at 570-823-3513, toll free at 888-834-6614, or via email at lpescu@lpescu.org. Your assistance is greatly appreciated.

Calendar of Events

continued from page 2

- 16-17** – Slovak Catholic Federation Spring Meeting, Wilkes-Barre, Pennsylvania
30 – Deadline to apply for the LPSCU's 2023 College Award. *Details on page 12.*

MAY

- 1** – Deadline to make a reservation for Branch 213's Flag Day at the Ballpark.
1 – Deadline to make a reservation for FSNEPA's Flag Day at the Ballpark.
4 – LPSCU to Host Zoom Bingo from 5:00 to 6:30 p.m. *See page 6 for details.*
8-10 – American Fraternal Alliance Spring Symposium, Oak Brook, Illinois
19-20 – Joint Fraternals National Bowling Tournament, Airport Lanes, Cheektowago, New York. *See page 19 for details.*
20 – **Deadline to submit articles for July/August 2023 Morning Star.**
25 – FSGP Seminar, Pittsburgh, Pennsylvania

JUNE

- 1** – Deadline to nominate a young member for the LPSCU 2023 Youth Achievement Award. *See notice on page 5.*
9 – Branch 213 is hosting Flag Day at the Ballpark at 6:35 p.m. at the Scranton/Wilkes-Barre Railriders Stadium. Reservations are required. *See page 6 for details.*
9 – Fraternal Societies of Northeast Pennsylvania is hosting Flag Day at the Ballpark at 6:35 p.m. at the Scranton/Wilkes-Barre Railriders Stadium. Reservations are required. *See this page for details.*
17 – LPSCU Mid-Year Board Meeting, Zoom teleconference beginning at 9:00 a.m. EST.
30 – Deadline to apply for a 2023 LPSCU Catholic Grade School Award. *See notice on page 17.*
30 – Deadline to apply for a 2023 LPSCU Catholic High School Award. *See notice on page 24.*
30 – Deadline to apply for the 2023 Bishop Andrew G. Grutka Memorial Scholarship Award. *See page 21 for details.*
30 – Deadline to submit articles for the Slovak Catholic Federation's annual publication, *The Good Shepherd*. *See page 17 for details.*

JULY

- 1** – Deadline to apply for the 2023 Anne (Shinal) Cichy Memorial Award. *See page 13 for details.*
20 – **Deadline to submit articles for September/October 2023 Morning Star.**

AUGUST

- TBD** – Indiana Fraternal Alliance Meeting

SEPTEMBER

- 12-14** – American Fraternal Alliance Executive Summit, Oak Brook, Illinois
17-18 – Slovak Catholic Federation Fall Meeting, Independence, Ohio
20 – **Deadline to submit articles for November/December 2023 Morning Star.**

- 28-30** – LPSCU Semi-Annual Board Meeting, Hershey, Pennsylvania

OCTOBER

- 5-6** – New Jersey/New York Fraternal Alliance Meeting, Atlantic City, New Jersey
22-24 – Pennsylvania Fraternal Alliance Meeting, Erie, Pennsylvania
TBD – Ohio Fraternal Alliance Meeting

NOVEMBER

- 20** – **Deadline to submit articles for January/February 2024 Morning Star.**

FRATERNAL SOCIETIES OF NORTHEAST PENNSYLVANIA IS HOSTING



FLAG DAY AT THE BALLPARK

Friday, June 9, 2023

Scranton/Wilkes-Barre RailRiders
Game Time ~ 6:35 p.m.

PRICE

LPSCU Members - \$20.00 per person
Non-members - \$35.00 per person

Includes:

- Entry through the Mohegan Sun Club entrance.
- Dinner on covered deck/suite in right field.
 - Food served from 6 p.m. to 7:30 p.m.
- Watch as one member throws out the first pitch.
 - All the camaraderie you can get!

Please make reservations by May 1, 2023

Ask for Theresa or Mary Jo:

570-823-3513 or 888-834-6614

RESERVATIONS MUST BE PAID FOR BY MAY 1, 2023

Make checks payable to LPSCU

Seating is limited! Sign up now!

LPSCU 10 Payment Life Insurance Plan

The LPSCU offers an economic and beneficial 10 Payment Life Insurance Plan for anyone from age 0 to 75. Under this plan, there is a minimum purchase requirement of life insurance. For those ages 0-70, the minimum purchase amount is \$5,000; for ages 71-75, the minimum purchase amount is \$2,000. Premiums are payable for ten (10) years from issue date. If the insured dies within the 10-year period following the issue date, no additional premiums are due and payable, and the face amount of the certificate is paid to the named beneficiary/ies, except as provided within the contract regarding Suicide and Contestability.

Premium payments can be made monthly, quarterly, semiannually, or annually. The certificate becomes fully paid at the end of ten years, and coverage remains in full force and effect for the entire life of the insured without any additional premium payments required. Upon the death of the insured, the face amount of the certificate is paid to the insured's named beneficiary/ies.

A member with a 10 Payment Life Plan is entitled to

all fraternal benefits of the LPSCU including educational awards, youth and adult activities, newborn benefits, prescription discount card, official publication, and discount car rental, to name a few.

The 10 Payment Life Plan is ideal for both youth and adults – particularly anyone who prefers to have their life insurance paid in full within ten years. Additionally, the 10 Payment Life Plan offered by the LPSCU is both economical and beneficial for estate planning and can especially help with the cost of funeral expenses.

To apply for this specific plan, or any other insurance plan offered by the LPSCU, contact your Branch Secretary or the LPSCU Home Office.

Listed below are the Annual and Monthly Premium Schedules for the 10 Payment Life Insurance Plan. The premiums listed are based on \$1,000 of life insurance coverage. Semiannual and Quarterly premium rates are also available. Contact your Branch Secretary or the Home Office for more information.

10 PAYMENT LIFE ANNUAL AND MONTHLY PREMIUM RATES PER \$1,000 Based on 2017 CSO Male and Female Mortality Tables / Based on Age at Last Birthday

Issue Age	Annual		Monthly	
	Male	Female	Male	Female
0	\$13.92	\$12.03	\$1.25	\$1.08
1	14.30	12.36	1.29	1.11
2	14.71	12.71	1.32	1.14
3	15.14	13.09	1.36	1.18
4	15.58	13.47	1.40	1.21
5	16.04	13.86	1.44	1.25
6	16.51	14.27	1.49	1.28
7	16.99	14.69	1.53	1.32
8	17.49	15.12	1.57	1.36
9	18.01	15.57	1.62	1.40
10	18.55	16.03	1.67	1.44
11	19.10	16.50	1.72	1.49
12	19.67	16.99	1.77	1.53
13	20.25	17.49	1.82	1.57
14	20.85	18.01	1.88	1.62
15	21.45	18.54	1.93	1.67
16	22.06	19.07	1.99	1.72
17	22.66	19.61	2.04	1.76
18	23.26	20.16	2.09	1.81
19	23.88	20.74	2.15	1.87
20	24.51	21.32	2.21	1.92
21	25.15	21.93	2.26	1.97
22	25.82	22.56	2.32	2.03
23	26.49	23.20	2.38	2.09
24	27.19	23.86	2.45	2.15
25	27.91	24.54	2.51	2.21
26	28.64	25.24	2.58	2.27
27	29.40	25.96	2.65	2.34
28	30.19	26.70	2.72	2.40
29	31.01	27.47	2.79	2.47
30	31.85	28.25	2.87	2.54
31	32.72	29.06	2.94	2.62
32	33.62	29.89	3.03	2.69
33	34.54	30.74	3.11	2.77
34	35.48	31.62	3.19	2.85
35	36.44	32.51	3.28	2.93
36	37.43	33.43	3.37	3.01
37	38.43	34.36	3.46	3.09

Issue Age	Annual		Monthly	
	Male	Female	Male	Female
38	\$39.45	\$ 35.31	\$3.55	\$3.18
39	40.49	36.29	3.64	3.27
40	41.55	37.29	3.74	3.36
41	42.62	38.32	3.84	3.45
42	43.72	39.37	3.93	3.54
43	44.83	40.46	4.03	3.64
44	45.99	41.59	4.14	3.74
45	47.18	42.74	4.25	3.85
46	48.40	43.94	4.36	3.95
47	49.67	45.16	4.47	4.06
48	50.98	46.42	4.59	4.18
49	52.34	47.71	4.71	4.29
50	53.74	49.04	4.84	4.41
51	55.20	50.41	4.97	4.54
52	56.70	51.81	5.10	4.66
53	58.25	53.26	5.24	4.79
54	59.85	54.75	5.39	4.93
55	61.51	56.28	5.54	5.07
56	63.22	57.86	5.69	5.21
57	64.99	59.49	5.85	5.35
58	66.82	61.17	6.01	5.51
59	68.72	62.90	6.18	5.66
60	70.68	64.70	6.36	5.82
61	72.71	66.55	6.54	5.99
62	74.80	68.46	6.73	6.16
63	76.97	70.44	6.93	6.34
64	79.21	72.49	7.13	6.52
65	81.54	74.61	7.34	6.71
66	83.98	76.82	7.56	6.91
67	86.55	79.10	7.79	7.12
68	89.27	81.48	8.03	7.33
69	92.16	83.97	8.29	7.56
70	95.24	86.58	8.57	7.79
71	98.53	89.32	8.87	8.04
72	102.03	92.23	9.18	8.30
73	105.76	95.33	9.52	8.58
74	109.75	98.66	9.88	8.88
75	114.04	102.26	10.26	9.20



LPSCU 2023 CATHOLIC GRADE SCHOOL AWARD

\$150 One-Time Award

The LPSCU is proud to announce that it is offering a Catholic Grade School Award benefit, which is a \$150 one-time award to our members who are attending a Catholic grade school during the 2023-2024 academic year. Members may only receive this award one time.

The following are the Guidelines for applying for the Catholic Grade School Award:

- Must be a member of the LPSCU for two years with \$2,000 permanent reserve life insurance certificate (excludes term insurance).
- Must be enrolled in a Catholic grade school in kindergarten, or in Grades 1 through 8 in the fall of 2023.
- Must provide a wallet-size color photo.

Applicants must meet all criteria and provide data indicated above to be eligible. Incomplete applications or those missing data requirements will not be considered. All materials become the property of the LPSCU and will not be returned. **Applications must be postmarked by June 30, 2023.**

Applications are available from the LPSCU Home Office or its website. Return completed application and supporting materials to:

Ladies Pennsylvania Slovak Catholic Union
ATTN: Catholic Grade School Award
P.O. Box 32

Wilkes-Barre, PA 18703

Phone: 570-823-3513 ❖ TF: 888-834-6614

Fax: 570-823-4464

E-mail: lpscu@lpscu.org ❖ Website: www.lpscu.org

LPSCU Seeking Independent Agents/Recommenders

The Ladies Pennsylvania Slovak Catholic Union is seeking licensed independent agents/ recommenders to represent the Society and market our Life Insurance and Annuity products. Interested individuals do not need to be a member of the Society. Currently we are licensed to sell in Pennsylvania, Ohio, New Jersey, Indiana, Illinois, Michigan, and Massachusetts.

Please call or e-mail President Theresa Kluchinski at 888-834-6614 or Theresa@lpscu.org.

Branch 213 Celebrates Flag Day 2022 at Railriders Ballgame

On Friday, June 17, 2022, LPSCU Branch 213 hosted a group of 18 members and two guests at a Scranton/Wilkes-Barre Railriders baseball game in Moosic, Pennsylvania. The Scranton/Wilkes-Barre Railriders, an affiliate of the New York Yankees, played the Rochester Red Wings. The Railriders lost the close game 7 to 6, but everyone had a great time cheering them on.

Pictured below is LPSCU Branch 213 member Franklin Shinal throwing out the first pitch.

Celebrating Flag Day at the ballpark has become an annual Branch 213 tradition. See page 6 for information on the Branch's upcoming 2023 Flag Day outing.



SCF Seeks Articles for 2023 Good Shepherd

The Slovak Catholic Federation is accepting articles for its 2023 edition of *The Good Shepherd (Dobrý Pastier)*. The publication is a collection of literary articles submitted by contributing authors on all things Slovak and/or Catholic, including faith, culture, heritage, the arts, and personal essays or other topics the author wishes to share with our readers.

The Good Shepherd also serves as the only source of contact information for the Church in Slovakia, those Slovak clergy and religious in the United States, as well as religious congregations and places of worship. Articles come from authors in the United States, Slovakia, and the Slovak diaspora from around the world.

Anyone wishing to submit an article for publication can send it, either by U.S. mail or e-mail, to Sister Barbara Sable, SS.C.M., Villa Sacred Heart, Danville, Pennsylvania 17821; barbarasable@hotmail.com. **The deadline for submitting articles is June 30, 2023.** Any articles submitted should be typed, double spaced, in document format, and using Times New Roman font.

Please direct any questions regarding *The Good Shepherd* or articles for same to Michael Horvath, chairperson, Slovak Catholic Federation Communications Committee, at msjhm185@aol.com.

**We're looking
for a Shining Star
in the LPSCU to be our
2023
FRATERNALIST
OF THE YEAR**

Do you know a member who,
through example and accomplishment,
provides outstanding volunteer service?

Do you know a member who should be
recognized for outstanding fraternal
and volunteer efforts?

If you can answer "Yes!" to the above,
then you have a "Shining Star" member
to be nominated to be the
2023 LPSCU Fraternalist of the Year.

Nomination Guidelines

- Nominee must be an active member of the LPSCU.
- Board of Directors and Home Office staff are not eligible.
- Prior honorees are prohibited from entering.
- Head and shoulder color photograph must accompany nomination form.
- Decisions of the LPSCU are final.

The honoree will be presented with an award and their name may be submitted to State Fraternal Alliances having a similar award.

Nomination forms are available from the Home Office. They may be returned by mail, fax (with photo mailed), or email (with photo digitally supplied). All material sent becomes the property of the LPSCU and will not be returned.

Nominations must be submitted to the LPSCU with a postmark no later than April 1, 2023.

Nomination form, photograph, and any accompanying material are to be sent to:

Ladies Pennsylvania Slovak Catholic Union
Fraternalist of the Year Award
71 South Washington Street
Wilkes-Barre, PA 18701

Phone: 570-823-3513 • Toll free: 888-834-6614
E-mail: lpscu@lpscu.org • Fax: 570-823-4464

**DO YOU NEED
A VERY SPECIAL GIFT?**

Purchasing a LEAF or STONE from the TREE OF LIFE Program makes a unique and perpetual gift.



"TREE OF LIFE" RESERVATION FORM

Your inscription may be personalized to recognize a loved one or special event with "In honor of ...", "In memory of ...", or "In celebration of...". Or you may also choose to simply have your name, the family name, or business name inscribed on a Leaf or Stone. Restrictions as to space and number of characters are listed below, based on whether you choose a fraternal Leaf (\$100) or larger Stone (\$500). Your contribution can be paid in one installment or several. However, we will not bill you for any remaining portion. It is your responsibility to monitor your payments.

Please complete the Reservation Form below (a photocopy is also acceptable) and return it, along with your check, payable to LPSCU to: LPSCU, Tree of Life, P.O. Box 32, Wilkes-Barre, PA 18703-0032

ALL PROCEEDS RECEIVED FUND OUR SCHOLARSHIP PROGRAM

Name _____
Address _____
City/State/Zip _____
Phone _____

Enclosed is (please check one):

- My first donation toward my "Tree of Life," entitling me to an engraved (please check one)
- Fraternal Leaf Fraternal Stone (when fully paid)
(Minimum of \$20 per payment - Keep track of your own payments.)
- My \$100 check for a Leaf (paid in full)
- My \$500 check for a Stone (paid in full)

LEAF INSCRIPTION

Maximum of 4 lines with 20 characters per line, including spaces.

STONE INSCRIPTION

Maximum of 6 lines with 40 characters per line, including spaces.

PLEASE ENGRAVE MY FRATERNAL LEAF OR STONE AS FOLLOWS:

Focusing on National Awareness Month

Deborah McKinley, LPSCU Public Relations Director

MARCH American Red Cross Month

March is American Red Cross Month. Celebrating and recognizing the importance of the Red Cross is a tradition that started in 1943 with a proclamation by President Franklin D. Roosevelt. Each succeeding President has recognized the importance of the American Red Cross and has continued the tradition.

It is a time to pause, reflect, and recognize all of the many people who contribute to the success of the American Red Cross in various capacities. You could be a donor who donates blood or platelets. You could be a volunteer that goes to a disaster area and aids in cleanup. You could be the workforce person who does the procedure for blood donation. You could take a life-saving CPR, first-aid, or lifeguard class. You could be the person to provide comfort to a disaster victim just by being there. You could be the person who donates money to the American Red Cross. One role is not more important than another. Each one of these roles is important.

If you want to become a donor or volunteer, contact your local American Red Cross, or check online to find out how you can help. Any amount of time given will make a difference in the lives of others.

APRIL National Parkinson's Awareness Month

April is designated as National Parkinson's Awareness Month. The purpose of a month specifically dedicated to Par-

kinson's awareness is to provide an opportunity and platform to increase awareness of the disease and its symptoms and to offer support to those suffering from this condition.

Parkinson's Disease (PD) is a long-term disorder that affects a person's central nervous system. Symptoms can include tremors, movement and balance difficulties, and limb rigidity. Unfortunately, there is currently no cure for Parkinson's, although the disease may be managed with the help of medications.

As with all caregivers, those dealing with a loved one who has Parkinson's also need help. It can be as simple as offering to sit with a Parkinson's patient so their caregiver can be free to run errands and not have to worry about their loved one being alone.

I know first-hand how Parkinson's can affect someone. My mom suffered from this disease for thirty-six years. I saw how the illness chipped away at her mobility over time. I can also attest that her taking the daily medication specifically for this disease did in fact slow its progression. She read about every new study, potential new drug, and exercise that claimed they could help. There wasn't an exercise or food that she didn't try to help slow the progression. When my mom was officially diagnosed with PD, she didn't want to tell anyone. But as time went on, she realized that she could help other PD patients with the insights and techniques she had learned along the way, so she willingly shared her story.

Bottom line, just "be"... in whatever capacity you can be. Workforce employee, donor, volunteer, caregiver, patient... you never know whose life will change for the better because of you.

LPSCU to Form Constitution Committee

At the September 2022 Board of Directors Meeting, approval was given to establish a Constitution Committee. The committee's responsibilities will be to analyze the Society, see how it compares to other fraternal societies in structure, and recommend any changes, if necessary, to the delegates of the next Quadrennial Convention scheduled for June 2024. Any LPSCU member interested in serving on the Constitution Committee is asked to submit a letter of interest. The letter should list your employment, LPSCU biography, and a statement on why you want to serve on the Constitution Committee. Immediate family members of National Officers and/or Board of Directors cannot serve on the committee. All letters of interest should be addressed to President Theresa Kluchinski and must be **received at the Home Office** by March 31, 2023. Any questions regarding the Constitution Committee should be sent to the President (theresa@lpsc.org).

Fraternal Societies to Host 2023 National Bowling Tournament

A joint bowling tournament hosted by the Greek Catholic Union, First Catholic Slovak Union, National Slovak Society, and Slovak Catholic Sokol will be held at the Airport Lanes in Cheektowaga, New York, on May 19 and 20, 2023. Rooms have been blocked at the Buffalo Airport Hotel in Cheektowaga at the rate of \$109 (Single or Double) under Fraternal Societies Bowling Tournament.

LPSCU members interested in participating can contact Theresa Kluchinski at the Home Office (888-834-6614 or e-mail theresa@lpsc.org) for more information. Every LPSCU member participating in the event will receive \$40.00 towards the cost of the tournament.

Please contact the Home Office for Rules/Regulations and Entry Forms. Deadline for applications is April 10, 2023.

LADIES PENNSYLVANIA SLOVAK CATHOLIC UNION

FLEXIBLE ANNUITY

ANNUAL INTEREST RATE IS 3%*

*EFFECTIVE JANUARY 1, 2021

- The LPSCU Flexible Annuity is a flexible-premium, deferred annuity that accepts ongoing deposits of as little as \$100 per month.
- An annuity is a long-term investment where the interest earned is accumulated and compounded.
- Annuities are used to supplement retirement income, whereby at some point you stop paying into the annuity and start taking out.
- Upon maturity, LPSCU offers a number of distribution options, giving our members the convenience of selecting the one that is best suited for them.
- LPSCU's competitive interest rate is reviewed quarterly by the Board of Directors; however, your rate will never go below the guaranteed minimum rate established by the annuity contract.
- You can become a member of the LPSCU by purchasing an annuity and you can own an annuity regardless of your health status.
- Deposits can be made at your convenience!
- Minimum deposit is \$100
- After the sixth year, there is no LPSCU penalty on annuity withdrawals.
- If the annuitant dies prior to settlement, funds on deposit are payable directly to the named beneficiary(ies).
- Settlement Options:
 - Payment of a specified amount
 - Payments for a specified period
 - Life Annuity
- Payment options can be monthly, quarterly, semi-annually or annually, depending upon your needs.
- Prior to settlement, annuitant may withdraw the Cash Surrender Value at any time; however, the minimum withdrawal amount is \$250

NOTE: Withdrawals taken prior to age 59½ may be subject to a 10% Early Withdrawal Penalty by the Internal Revenue Service.



For more information about the

LPSCU FLEXIBLE ANNUITY

contact the LPSCU Home Office or your local Branch Secretary

71 South Washington Street | Wilkes-Barre, PA 18701

Phone 888-834-6614 | Fax 570-823-4464 | e-mail: lpscu@lpscu.org | www.lpscu.org

In Memoriam

Blessed are they that mourn, for they shall be comforted.

— Matthew v.5

Name	Branch	Location
Margaret Kalina*	7	Exeter, PA
Jonathan G. Gilpin	19	Swoyersville, PA
Bernadine Yackoski*	19	Swoyersville, PA
Robert J. Domanic	28	Joliet, IL
Rita Rentko	37	Plymouth, PA
Veronica Janov	42	Pittsburgh, PA
Martha A. Majoris	90	Johnstown, PA
Anne Valentine	90	Johnstown, PA
George Casper, Jr.*	94	Larksville, PA
Joseph S. Gilliotti	197	Wilkes-Barre, PA
Michael Kosin	122	Wilkes-Barre, PA
James J. Kostra*	132	Campbell, OH
Mary A. Missik	132	Campbell, OH
Algirdas Kalavinskaskas	158	Chicago, IL
Irena Morrison*	197	Wilkes-Barre, PA
Joseph V. Kasper	197	Wilkes-Barre, PA

*Multiple certificates



BISHOP ANDREW G. GRUTKA MEMORIAL SCHOLARSHIP AWARD \$1,000 AWARD (Maximum of \$2,000 per member)

The LPSCU is proud to once again offer the Bishop Andrew G. Grutka Memorial Scholarship Award for lay persons between the ages of 18 to 35. This award, implemented at the 37th National Convention held in Merrillville, Indiana, in August 2000, is given in memory of Bishop Andrew G. Grutka, an outstanding Slovak leader who was the founding Bishop of the Diocese of Gary, Indiana.

Those applying for the Bishop Andrew G. Grutka Memorial Scholarship Award must meet the following criteria:

- Be a member of the LPSCU for two (2) years with \$5,000 permanent reserve life insurance certificate (excludes term insurance).
- Be a lay person between 18-35 years of age.
- Be of the Catholic religion (Latin Rite or Byzantine).
- Be initiated fully into the Church (Baptized, Eucharist, and Confirmed) and continuing to be eligible to receive the sacraments of the Church.
- Be a member of a Catholic parish.
- Be active in parish/diocesan/campus ministry as a lector, extraordinary minister of Holy Communion, adult altar server, catechist/aide, member of parish RCIA/C Team, youth minister, member of the Parish Pastoral Council, Finance Council, and/or other parish committees or organizations.
- Provide a Sponsor Eligibility Form from their parish to show they are active Catholics.
- Be active in an organization or activity that promotes awareness of our Slovak heritage, culture, and traditions.
- Be endorsed by his or her pastor and LPSCU Branch Secretary, with additional endorsement provided by campus minister, youth minister or pastoral associate.
- Attend (or will attend) an accredited college/university as a full time student.
- Provide a notice of acceptance or tuition receipt for the coming scholastic year.
- Provide a wallet-size color photo.

Applicants must meet all criteria and provide data indicated above to be eligible. Incomplete applications or those missing data requirements will not be considered. All materials become the property of the LPSCU and will not be returned. **Applications must be postmarked by June 30, 2023.**

Applications are available from the LPSCU Home Office or its website. Return completed application and supporting material to:

Ladies Pennsylvania Slovak Catholic Union
ATTN: Bishop Grutka Award
P.O. Box 32
Wilkes-Barre, PA 18703

Phone: 570-823-3513 ❖ TF: 888-834-6614 ❖ Fax: 570-823-4464

E-mail: lpscu@lpscu.org ❖ Website: www.lpscu.org



Junior Branch Journal

Announcing the winners of the 2022 LPSCU Coloring Contest

Ages 4-6



Lillian Frankenfield - Br. 204
Northampton, PA
First Place



Paige Myers - Br. 132
East Berlin, PA
Second Place



Reese Blankenship - Br. 19
Fuquay-Varina, NC
Third Place

Honorable Mention:

Ivanka Barisic	Quinlyn Saniatan
Layla Bell	Rocco Saniatan
Eric Cerny	Kennedy Gibbons
Dylan Sauers	Beau Semanek
Zellie Jedlovec	Wyatt Tucker
Lucy Jedlovec	Diana Zemelman
Maggie Powell	Saylor Vevasis

Ages 7-9



Malanya Armstrong - Br. 76
West Mifflin, PA
First Place



Juliet Jedlovec - Br. 60
Schnecksville, PA
Second Place



Alexis Shipton - Br. 156
Pottsville, PA
Third Place

Honorable Mention:

Hayden Abda	Logan Hostetler
Niko Barisic	Vada Lazaro
Eli Saniatan	Declan Derenick
Logan Collins	Charlotte Sauers
Gavin Sauers	Jade Blakenship
Natalya Filak	Emmette Semanek
Jack Gibbons	Amelia Sulla

Ages 10-12



Genevieve Baker - Br. 38
Sterling Heights, MI
First Place



Savannah Myers - Br. 132
East Berlin, PA
Second Place



Annabella Gibbons - Br. 132
Ellwood City, PA
Third Place

Honorable Mention:

Lillian Cerny	Preston Gibbons
Jax Cleary	Jenna Jakub
Ava Collins	Max Jakub
Damian Lazaro	Connor Derenick
Belle Foremny	James Platt
Tyler Frantz	Evangeline Willis



Junior Branch Journal

Good Friday ~ Veľký Piatok

Good
Friday



Good Friday is a crucial day of the year because it celebrates what we believe to be the most momentous weekend in the history of the world. Ever since Jesus died and was raised, Christians have proclaimed the cross and resurrection of Jesus to be the decisive turning point for all creation.

In Slovak churches, The Burial of Our Lord is a rite celebrated during the Good Friday services. After the Communion rite, the Blessed Sacrament is processed to a side altar, which is transformed into the tomb of Our Lord. Our Lord is shown, resting in death, and is surrounded by flowers and candles.



On Good Friday, people observe various rituals. One of the most interesting rituals observed on the day is using garlic to ward off evil. According to the popular belief, witches, evil souls, and warlocks can cause possible harm to the humans, cattle, food and farms. To do away with the evil, people eat garlic and even offer it to their cattle.



How to make Marbled Easter Eggs

- Boiled eggs
- Warm water
- Distilled white vinegar
- Food coloring
- Vegetable oil
- 1 container for each color

1. The first round of dipping colors is made by stirring 1 teaspoon vinegar and 5-10 drops of food coloring into each cup of water. For best results, these colors should be lighter shades.
2. Place one egg in each color and allow to rest, completely covered by the dye, for 1 to 3 minutes. Transfer to paper towels to dry.
3. The second round of dipping colors is made by stirring 1 teaspoon vinegar, 10-20 drops of food coloring, and 1 tablespoon oil into each cup of water. For best results, these colors should be darker shades.
4. Place one egg in each color and stir to coat. Allow to rest for 1 to 3 minutes. Transfer to paper towels to dry.
5. To repeat in a different color, rub as much oil from the eggs as possible before returning to the oil bath. Keep in mind that colors may blend on the eggs.



Veľelín Veľkú Noc

PERIODICAL

LPSCU 2023 CATHOLIC HIGH SCHOOL AWARD

\$300 One-Time Award



The LPSCU is offering a Catholic High School Award benefit, which is a \$300 one-time award to our members who are attending a Catholic high school during the 2023-2024 academic year. Members may only receive this award one time.

The following are the Guidelines for applying for the Catholic High School Award:

- ◆ Must be a member of the LPSCU for two years with \$2,000 permanent reserve life insurance certificate (excludes term insurance).
- ◆ Must be a Catholic high school freshman, sophomore, junior, or senior in the fall of 2023.
- ◆ Must provide a wallet-size color photo.

Applicants must meet all criteria and provide data indicated above to be eligible. Incomplete applications or those missing data requirements will not be considered. All materials become the property of the LPSCU and will not be returned. **Applications must be postmarked by June 30, 2023.**

Applications are available from the LPSCU Home Office or its website. Return completed applications to:

Ladies Pennsylvania Slovak Catholic Union
ATTN: Catholic High School Award
P.O. Box 32

Wilkes-Barre, PA 18703
Phone: 570-823-3513 ◆ TF: 888-834-6614
Fax: 570-823-4464

E-mail: lpscu@lpscu.org ◆ Website: www.lpscu.org

Still Available!

The LPSCU Cookbook

The Art of Cooking - Heart of Our Family

Our brand new cookbook is chockfull of over 400 cherished family recipes submitted by our members, in addition to helpful tips, hints, and measurements to aid you while cooking and baking these delicious favorites.

The spiral bound book is divided into sections which include:

- *Appetizers & Beverages*
- *Breads & Rolls*
- *Soups, Salads & Sauces*
- *Main Dishes*
- *Miscellaneous - Crock-Pot*
- *Ethnic Foods*
- *Vegetables*
- *Desserts*



The cost is just \$10.00, plus \$5.00 shipping and handling per copy. Send your check and order information to:

LPSCU Cookbook
P.O. Box 32
Wilkes-Barre, PA 18702-0032

Get one before they're gone!

**SIGN UP A NEW MEMBER
TODAY!**